

Why do we play on a smaller field?

A smaller field means the players are always in the action: dribbling, passing, shooting, defending, and attacking. We are developing complete soccer players, and asking ourselves:

- Can they dribble the ball and keep it?
- Can they pass to a teammate and receive a return pass?

Smaller fields provide more responsibility, and every child has greater opportunities to score or stop the opponents from scoring, which builds their self-esteem and self-confidence.

“Youth coaches should keep in mind that individual skills need to be nurtured at a young age.” - Claudio Reyna, Former US World Cup Captain

Did you know that according to a Manchester United study in 2003 there are 135% more passes and 260% more shots taken in 4v4 games?



How does Juniors prepare my child for travel soccer?

Your child is learning all of soccer's building blocks: dribbling, shooting, passing, and ball control. This focused curriculum and program places your child in the best position to move forward with their soccer development. Additionally, 4v4 is the foundation for learning positioning on the field; the players are playing wide, back, and up. This preparation is one of the first steps in the long journey of soccer development: 3v3 ⇌ 4v4 ⇌ 5v5 ⇌ 7v7 ⇌ 9v9 ⇌ 11v11

From a tactical point of view, small-sided games are designed to enhance players' vision of the game and their understanding of defensive and attacking aspects.

Touches & Opportunities

Young players touch the ball more frequently in small-sided games. They play more passes and find themselves in more 1 v 1 situations. The repetition of situations helps them learn and view the game positively. Active participation also increases their enjoyment, making it easier for them to understand the game and, above all, giving them the freedom to express themselves on the ball.

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JUNIORS LEAGUE

K – 2nd Grade Program
Girls and Boys

Developmental FAQ

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